

ANDOVER ELDER SERVICES

The Senior Center at Punchard

OCTOBER 2019 EVENTS

Message from Jemma Lambert,
Director of Community Services

As the days shorten, leaves begin to turn and our thoughts turn toward the quieter seasons, we at Elder Services are preparing for what is sure to be an extremely busy fall.

The search for Andover's next Director of Elder Services continues. We have determined to extend the search by re-posting the position. Recruiting in the fall will no doubt yield a wider pool of applicants to choose from. In the meantime, the Elder Services team and I continue to keep the ship afloat!

The entire Elder Services team is hard at work identifying space for the senior center and kitchen facilities. We hope to fill in the blanks for all of you in the coming weeks. We are pleased to announce that our Social Day Care program, Senior Connections, has found its new temporary home at Dundee Park! The beautiful, light filled space is peaceful, quiet and frankly perfect. We couldn't be happier.

Thank you for your continued support going forward. There will be adjustments to be made, but it will all be worth it in the end!

Kindest regards,
Jemma

The Crystal Ballroom Masquerade Ball

Costumes Optional

Presented by the Andover Senior
Community Friends



Sunday, October 27th from 7:00-10:00pm

Old Town Hall 20 Main St. Andover

Free parking behind the Old Town Hall

For your listening and dancing pleasure, music by D.B's
Orchestra from 7:00pm-10:00pm

Advance ticket sales \$15/pp or \$25/couple

Tickets may be purchased at: The Andover Senior Center or
the Andover Bookstore; Available at the door \$15/pp

Sponsored by: Ashland Farm North Andover; Brightview
North Andover; Atria Marland Place Andover

Men's Outdoor Adventure Group

(Meet at the Center at 9 a.m. & leave from there)

- ◆ **Wednesday, October 9** | Sanborn Reservation |
Leader: Fred Snell
- ◆ **Wednesday, October 23** | Shawsheen River &
Vale Reservation | Leader: Don Schroeder

Women's Outdoor Adventure Group (WOAG)

All hikes leave from the Center at 9 a.m. & return by noon. If
you would like to be added to the WOAG email list, email
Jane Gifun at fleecy.godmother@verizon.net

- ◆ **Thursday, October 10** TBA
- ◆ **Monday, October 21** TBA

Volunteers Wanted for a Biography Project for

Merrimack College Students

October 23, 2019 2:00-4:00 pm

Want to share your life story?

Merrimack College students would like to interview women
and men, learning their life stories and what it meant to be
a woman or man in your lifetime. The students are enrolled
in a Women's & Gender Studies course entitled "Gender
and Society." They are very excited for this chance to hear
your stories. If interested, kindly register to participate.

BE A FRIEND, BRING A FRIEND

Are you a member of the Friends? Are you interested in
becoming a member? Join us for a Member-Friend
gathering to say thank you to our members and to welcome
anyone who would like to find out more about the Friends.
Please join us!!

Wednesday, October 16th 3:00 – 5:00 PM

Light refreshments will be served

Please RSVP at the Center 978-623-8320

Hours of Operation

Mon, Tue, Wed, Fri 8 am - 4 pm

Thursday 8 am - 8 pm

Web: andoverma.gov/seniorcenter

Contact Information

Phone: 978.623.8320

Info Line: 978.623.8302

Email: seniorcenter@andoverma.gov

Bereavement Support Group

Thursday, October 3 1:30pm-3:00pm

Must register to attend by calling Lois Marra of Home Health VNA Hospice at 978.552.4537; leave a message with your name and phone number and she will return your call. Cost: Free

Fix It Shop

Monday, October 7 & 21 1:00-3:00 pm

Drama Reading & Discussion

October 7, 21, 28 and November 4 - Mondays 1-3pm

These two Pulitzer Prize winning plays are powerful tales of "human resilience" when confronted with very contemporary challenges. "Water by the Spoonful" by Quiara Alegria Hudes looks at addiction, families, and redemption. "Ruined" by Lynn Nottage is a difficult journey with the women of war-scarred Congo. They may be purchased new or used in stores, online for under \$12, or borrowed through Andover's Library Consortium. Eileen Reilly will facilitate.

Neighbors in Need Food Pantry

Thursday, October 3,10,17,24,31- 4-5 pm - **October 31 is the last food pantry at our location. New location TBA**

Andover Elder Services collaborates with Neighbors in Need to operate a weekly food pantry on Thursdays.

COA Board Meeting

Thursday, October 10 at 8:30 am

TRIAD Meeting

Thursday, October 10 at 10 am

Parkinson's Support Group

Thursday, October 10; 1:30-3 pm

Sally Pastorik, Acorda Therapeutics "An Overview of Parkinson's Disease and Treatment Options"

Happy Birthday to You Lunch!

Friday, October 18 at 11:45 am

Must register to attend. Donation: \$3

Coffee with Mark, Veterans Service Officer

Monday, October 21 from 8:30-9:30 am

Pain Management Support Group

Monday, October 21 at 1:30 pm

Please Register, Free

Techie Live

Monday, October 21 at 1:00 pm

Please call the Center to make a 30 minute appointment. Cost: Free

Caregiver Support Group

Monday, October 21 at 1:30 pm

Please register to attend. Cost: Free

Brown Bag

Tuesday, October 22 at 9:00 - 11:00 am Cost: Free

Individuals must be 60+ with an income less than \$21,978 for a single person or less than \$29,637 for a couple, or on Mass Health, food stamps or another public benefit.

Ask the Lawyer

Monday, October 28 9:30 am- 11:30 am

Limit of one question/issue. Cost: Free

Book Club

Thursday, October 31 at 1:30 pm

Must register in advance. Cost: Free

SHINE Open Enrollment begins in October

Dates: October 3, 10,15,17,18,24,25,29, & 31

(Serving Health Information Needs of Everyone)

8:30 am - 11:30 am Appointment necessary

Wellness Clinics

Wednesdays from 2 pm - 3 pm

FLU CLINIC 10/21/19 2-3pm Andover Commons

FLU CLINIC 10/28/19 10-11am Stowe Court

FLU CLINIC 10/28/19 1-2pm Frye Circle

Coming in November

Estate Planning & Elder Law

Friday November 1 at 10:30

Atty. Jason Ebacher will be presenting a seminar that will discuss the basics of Elder Law, proactive planning for long term care and methods to protect your assets while preparing for the cost of long term care. Please register to attend Cost: Free

Thanksgiving Luncheon

Sign up to enjoy a wonderful turkey dinner! Wednesday, November 13th | 12 pm | Cost: \$10 | To attend you must purchase a ticket at the front desk.

Thanksgiving Pie Sale

Baked at the Center, available for pick up: Tues. Nov. 25 or Wed. Nov. 26 from 9:00-1:00 - Order and pay for pies at the Kitchen window. Must be ordered by November 22nd
Pumpkin \$12 ~ Pecan \$13 ~ Blueberry & Apple \$14

Farewell Party

Friday, November 22 All Day

Join us for "Food and Fun" as we say goodbye to the Senior Center for the next 12-24 months while construction is underway.

