

# COVID – 19 Resources

## GROCERIES/PHARMACY

### **Neighbors in Need** <http://www.needfood.org/>

For the week of March 16-March 20, 2020 all Neighbors in Need Food Pantries will remain open with the following changes:

- We will hand out bags of food either from the back of our truck or in the parking lot at your regular pantry place and time.
- If you or someone you know is over 60 years old, has an underlying health condition, or is not feeling well and is unable to come to either the food pantries or the diaper pantry, and does not have food or diapers, please call **978-685-8321**.

### **Locations/Hours**

#### **Thursday Food Pantries**

- 8:30-9:30 am Inglesia Adventista Del Septimo Dia 297 S. Union St. Lawrence
- 10-11 am Boys and Girls Club, 136 Water Street, Lawrence
- 4:00 - 5:00 pm Andover South Church 41 Central Street, Andover

#### **Friday Food Pantries**

- 8:30-9:30 am Third Baptist Church 22 Warren Street, Lawrence

### **Meals on Wheels:**

Andover Elder Services is making Home delivered meals available to any senior or adult with disabilities that request assistance. The screening process has been waived during the pandemic. We typically ask for a \$3.00 donation for the meals. However, we are not asking for any individual donation for the extra meal. (978) 623-8320

### **Market Basket**

Market Basket is offering "Senior Shopping Hours" beginning Thursday, March 19th at all locations. Stores will be open to individuals 60+ on Tuesdays, Wednesdays, and Thursdays from 5:30am-7:00am.

#### **Locations:**

- 350 Winthrop Avenue North Andover, MA 978-688-6322
- 700 Essex Street Lawrence, MA 978-686-1001
- 186 Haverhill Street Methuen, MA 978-682-6327

**Stop & Shop** – 60+ resident hours. Everyday 6am-7:30 am. Delivery available

**Whole Foods** – 60+ resident hours. Everyday 8:00 am – 9:00 am. Delivery available

**Grocery Trips** – Andover Elder Services will provide transportation for senior residents to Market Basket. Contact Shawna at 978-623-8320

**CVS Pharmacy** – No delivery fee. Sign up online at [cvs.com](http://cvs.com)

**Target** – Opening 1 hour early for seniors and those with underlying health conditions

Updated 3/18/2020

## TRANSPORTATION

**Medical Transportation** through Andover Elder Services. Independent seniors can receive medical transportation to and from essential medical appointments that are of critical need or otherwise cannot be rescheduled at this time. Contact Ashley at 978-623-8320.

### **Ride Match**

Ride Match is an online, searchable database for finding medical and other rides in Massachusetts. This service could be used to schedule trips to the grocery store, medical appointments, etc. To plan a trip, visit <https://massridematch.org/>.

## UNEMPLOYMENT BENEFITS

### **General Information about the Unemployment Insurance Program:**

<https://www.mass.gov/orgs/departement-of-unemployment-assistance>

### **To file a UI claim online:**

<https://www.mass.gov/unemployment-insurance-ui-online>

### **To file a claim by telephone number:**

<https://www.mass.gov/orgs/departement-of-unemployment-assistance>

### TeleClaim Center [\(617\) 626-6800](tel:6176266800)

Monday-Friday 8:30 a.m.–4:30 p.m.

### Voice Relay [711](tel:711)

Monday-Friday 8:30 a.m.–4:30 p.m.

### TeleCert Line [\(617\) 626-6338](tel:6176266338)

To request weekly benefits, daily 6 a.m.–10 p.m.

### Employer Customer Service Line [\(617\) 626-5075](tel:6176265075)

Monday-Friday 8:30 a.m.–4:30 p.m.

## Mental Health and Crisis

The outbreak of COVID-19 may be stressful for people and communities. Fear and anxiety about a disease can be overwhelming and cause strong emotions in adults and children. If you need to talk to someone, these resources are confidential and available for free 24/7:

- Call 1-800-273-8255 for the National Suicide Prevention Lifeline
- Text HOME to 741-741 for Crisis Text Line
- Call 1-800-985-5990 or text TalkWithUs to 66-746 for the Disaster Distress Hotline

**Friendly Caller:** Elder Services Staff will check in with those we know are at greatest risk for social isolation. We will be asking the community to let us know of anyone we should be calling or if anyone would like to receive a call from a friendly voice. This program will continue after the crisis. Call (978) 623-8320

## **OTHER SERVICES:**

**Home internet Access** – If you do not have internet access at home or cannot afford to maintain it, but need internet for work or school there are several options available through providers:

- Comcast Internet Essentials, a low -cost home internet package for qualifying individuals and households, is now available for free for the first two months.
- Access from AT&T is a low-cost home internet package for qualifying individuals and households

**Massachusetts 211** – All 211 providers across the US are operational and continue to connect people with services and resources in their local communities including people who are in need of financial or other assistance as a result of lost wages from event cancellations, business closures, and quarantines. Additionally, many 211's are working closely with state and local health officials to provide up-to-date information to the general public about the virus and outbreak. If you have questions or need help related to COVID-19, you can call 211 or visit your local 211's website.